



Services for Independent Living

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happy easter

April 2009



April 12

Monday	Tuesday	Wednesday	Thursday	Friday
WEEKEND ACTIVITIES Power Soccer: 1 - 4 p.m., April 5, 12, 19 and 26 at Woodcrest Chapel Kids in the Kitchen: 1 - 4 p.m., April 11 and 25 at Boone Co. Family Resources <div style="background-color: #0070C0; color: white; padding: 5px; text-align: center;"> Differences challenge assumptions. <i>Anne Wilson Schaefer</i> </div>		1 PAVE Meeting 1:30-3 p.m., SIL <div style="color: #0070C0; font-size: 1.2em;"> april fool's day </div>	2 Tax Issues for the Unemployed 7 p.m., Col. Public Library Conf. Rm B (Dis)Ability in Art through the Ages 5:30 p.m., Reynolds Journalism Inst., MU	3 Men's Group: Ceramics and Crafts at Paquin 11 a.m. - 12:30 p.m. The Ties that Bind Us exhibit ends today 10 a.m. - 3 p.m., Davis Art Gallery at Stephens
6 History of Jazz Drumming with Matt Wilson noon, Columbia Public Library	7 Women's Group: To be Announced 2 - 3:30 p.m., SIL Autism Training 9 a.m. - 3 p.m., Mexico TCRC, in the Advanced Technology Center in Mexico, MO	8 PAVE: Presentation at Columbia College 6:30 p.m. AARP Drive Safely Workshop 9 a.m. - 1 p.m., Col. Public Library (\$12 fee)	9 Parent Network 7 - 9 p.m., SIL	10 Men's Group: Bowling at Town & Country noon - 1:30 p.m.
13 F.R.O.G.S. <i>for those caring for children age 5 and younger</i> 10 a.m., Columbia Public Library	14 Women's Group: Planning for Fundraiser 2 - 3:30 p.m., SIL Single Mom Monthly Support Group 6 - 7:30 p.m., Columbia's Rainbow House	15 PAVE Meeting 1:30-3 p.m., SIL	16 Acquired and Brain Injury Support Group 1 p.m., SIL View the Night Skies 7:30 p.m., Morrison Observatory in Fayette	17 Men's Group: Bake Sale at Wal-Mart 11 a.m. - 1 p.m.
20	21 Women's Group: Diversity Discussion 2 - 3:30 p.m., SIL	22	23 Bach's Lunch 12:30 p.m., Historic Senior Hall Recital Hall at Stephens College	24 Zoo Trip <i>Everyone welcome! All day trip.</i> Artrageous Friday 6 p.m. Visit artrageousfridays.com for locations.
27	28 Women's Group: Women's Eye Health 2 - 3:30 p.m., SIL 	29	30	

PLEASE NOTE: To schedule SIL transportation, call (573)874-1646, ext. 233 or TTY (573)874-4121. All Monday through Friday trips must be scheduled 24 hours in advance. Sunday rides **MUST** be scheduled by Thursday EACH week. All rides are subject to availability, existing schedules, and destinations.

See back for additional information.



All events held at the Columbia Public Library. For more info about these events, www.dbrl.org.

Hand-Hooked Rug Show
April 4, 10 a.m.
*Collection of more than 50
rugs created by local artists.*

**Hands On, Hands In: Using Puppets
With Young Children**
April 9, 6:30 p.m.
*Teaches how to incorporate puppets
into children's activities.*

Poe in the Lyceum
April 14, 7 p.m.
Dramatic readings of Edgar Allen Poe.

TRYPS Theater: Live at Eleven
April 4, 11 a.m.
Workshops for ages 12 and younger.

**Choose Foods Wisely and Plan
Budget-Friendly Meals**
April 11, 2 p.m.

Genealogy Help
April 18, 10 a.m.

Countdown to Kindergarten
April 18, 9:30 a.m.

2009 LEGISLATIVE EDUCATION PROJECT (LEP)

April 6: 2 - 4 p.m. | April 7 and 8: 10 a.m. - 4 p.m.
Transportation provided, but space is limited! Please call 874-1646 Ext.245 to schedule a ride.

The LEP's mission is to educate about the Missouri legislative process and motivate individuals by providing opportunities to become actively involved in positive public policy for people with disabilities. A one-day introduction and an advanced two-day training are available.

ILRC'S PROM FOR YOUTH WITH DISABILITIES

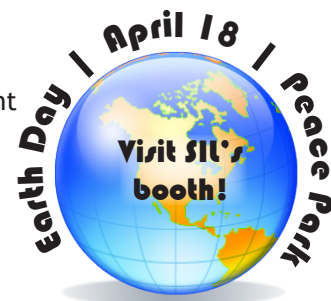
April 4, 5 p.m. at Capital Ritz in Jefferson City
This event is for all youth with disabilities ages 15-22. RSVP is required. Visit www.ilrcjcmo.org for information.

MU EVENTS

Visit stufftodo.missouri.edu for events happening on MU's campus in the month of April.

SERVICE FOR SERVICE DOGS

Beginning April 1, owners of certified service animals may call MU's Ophthalmology department to schedule a free eye exam for their service dogs, including pet therapy dogs, working service dogs, police dogs, and search and rescue dogs. The exams are part of the National Veterinary Ophthalmology annual service dog program and will take place on May 8. To call for an appointment on the 8th, call 573-882-7821.



SUPPORT GROUP INFORMATION

If you would like to feature a support group or event in our calendar, please call Jill 874-1646 ext. 238.

NA (Narcotics Anonymous): visit www.midmissourina.org/meetings.htm for more info

Vet to Vet Peer to Peer Support Group: meets every Mon. and Thurs., 7 - 8 p.m., VA Hospital Rm E111.

Acquired and Brain Injury Support Group: meets the 3rd Thursday of the month, 1 p.m. at SIL

NAMI (National Alliance for the Mentally Ill): meets the 2nd Monday at Unity Church in Columbia at 6 p.m.

People First: Meets the 2nd Thursday of the month, from 5:30 - 7 p.m. at Boone Co. Family Rsc, 1209 E. Walnut. For info about this self-advocacy group, call Mark Satterwhite, Kayla Jefferson or Lauren Helmreich at 874-1995.

AUDRAIN CO. GROUPS
Diabetes Support Group:
1st Thurs.: noon at Audrain Med. Ctr's Stribling House; 6:30 p.m. at Southside Christian Ch., Mexico (Children's Diabetes); and 7:30 p.m. at Southside Christian Ch., Mexico (Adult Diabetes)
2nd Thurs.: 10 a.m. at Vandalia Lutheran Church on Business 54.

Boone County Related Agencies Association: meets the second Tuesday of the month at the Columbia Public Library, noon - 1 p.m. Call Susan Schopflin at 443-2204 for more info.

DSA (Down Syndrome Association of Mid-Missouri): Meetings and special events throughout the year. Call Eric Remelius at 449-3149.

For more information about Diabetic Education or Support Groups contact Cheryl Lummis at 573-582-8084.

Mid-MO Chapter, Alzheimer's Assoc.: call 443-8665 for info on local support groups for Alzheimer's and Parkinson's Disease

MS Support Group: meets the 2nd Tuesday, 6 - 7 p.m., Randolph Co. YMCA. Call Lynne Richmond at 660-269-3115 for more info.

Alcoholics Anonymous: for meeting information, call 442-4424



Makin' Tracks opens **TRANSPORTATION SERVICES** to people with disabilities Sundays through Fridays, 8 a.m. to 5 p.m., in Boone County. Consumer rides will be provided to doctor appointments, medical equipment companies, Goodwill, Salvation Army, The Wardrobe, food banks, social service agencies, lawyers, and more. Call SIL for details.

This material is available in alternate form upon request. Interpreter services for the Deaf will be provided for any event with a 48-hour notice.



To allow SIL to be fully accessible to all people with disabilities, including persons with multiple sensitivities/environmental illnesses, PLEASE DO NOT WEAR SCENTED PRODUCTS (perfume, aftershave, deodorant, shampoo, etc.) to any meetings, demonstrations, groups or workshops held at or by the center. Meetings are wheelchair accessible and assistive listening devices and materials in alternate formats are available upon request.

Please address needs and/or questions regarding this calendar with SIL at (573) 874-1646 or TTY (573) 874-4121.



A United Way Member Agency